

Level 2 Courses

Physical Education – Level 2 BTEC

What will I learn?

You have to do one mandatory unit, one core unit, plus optional units.

We can choose the units we wish to study. These will be selected for the students and based around their preferences.

The core units are:

- Fitness for Sport and Exercise
- Practical Sports Performance.

The mandatory specialist unit is Anatomy and Physiology for Sports Performance.

A sample of the 21 units on offer:

- The Mind and Sports Performance
- Practical Individual Sport
- The Sports Performer in Action
- Training for Personal Fitness
- Leading Sports Activities
- Promotion and Sponsorship in Sport
- Lifestyle and Well-being
- Injury and the Sports Performer
- Profiling Sports Performance.

How will I be assessed?

The course is assessed by completing assignments to a required standard. There are three Levels of success: Pass, Merit and Distinction. You will also be assessed in two units externally. This will take the form of an exam.

What will successful completion of the course lead to?

A Levels, BTEC Level 3, Apprenticeships, Relevant work related to Sport, Fitness Industry and Hospitality Management,

Employers see BTEC as a good route into employment as it adds the skills relevant to the workplace that can be missed at GCSE. Successful completion of this BTEC Level two is equivalent to three GCSEs at C and above.

Entry requirements

A minimum of four GCSE passes at grade D or BTEC equivalents. If you have already taken Level 2 BTEC sport then you can still take the course as different units are taken and the teaching specification has been updated.