

Canteen Lunch Menu



Oct 17-Apr 18 - Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal	Sweet & Sour Chicken	Piri Piri Pork & Potato	Roast Chicken Breast Fillet	Beef Casserole	Baked Battered Cod
Vegetarian	Quorn Chilli	Italian Layered Bake	Roast Quorn Fillet	Vegetable & Beetroot Stew	Spicy Bean Burger
Side For Main Dishes	Garlic Bread, Sweetcorn, Salad & Rice	Crusty Bread, Green Beans, Salad	Roast Potatoes, Carrots, Sprouts	Mashed Potato, Cabbage, Salad & Crusty Bread	Chips & Garden Peas or Baked Beans
Hot Snacks	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	Pizza Slice Also Available
Healthy	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	
Cold Selections	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks
Sweet Treats	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks

Canteen Lunch Menu



Oct 17 –Apr 18 –Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal	Beef Bolognese	Chicken Tikka Masala	Roast Beef	Chicken, Potato & Spinach Bake	Baked Battered Cod
Vegetarian	Quorn Balls	Sweet & Sour Vegetables	Garlic & Mushroom Escalope	Italian Bean Bake	Cheese Omelette
Side For Main Dishes	Spaghetti , Crusty Bread, Spinach Salad	Rice, Sweetcorn Salad, Naan Bread	Roast Potatoes, Cauliflower Broccoli , Yorkshire Pudding	Green Beans, Salad, Garlic Bread	Spicy Wedges, garden peas or baked beans
Hot Snacks	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	Pizza Also Available
Healthy	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	
Cold Selections	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks
Sweet Treats	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks

Canteen Lunch Menu



Oct 17 - Apr 18- Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal	Pork Meatballs	Beef Lasagne	Roast Pork	Ranch Pie	Baked Battered Cod
Vegetarian	Quorn Chilli	Vegetable Pea & Potato Curry	Vegetarian Quiche	Quorn Lasagne	Quorn Sausages
Side For Main Dishes	Spaghetti Green Beans salad Garlic Bread	Naan Bread, Sweetcorn, Salad	Roast Potatoes, Cabbage, Swede	Garlic Bread , Carrots, Salad	Chips & Garden Peas or Baked Beans
Hot Snacks	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	A selection of hot snacks, Pasta and toppings Hot deli subs and wraps	Pizza Also Available
Healthy	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	Jacket potato with choice of hot and cold fillings	
Cold Selections	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks	A selection of sandwiches, rolls, baguettes and wraps Salads and pastas Fresh fruit selection and fruit salads Selection of yoghurts Cold drinks
Sweet Treats	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks	A selection of tasty, fresh homemade cakes or pre packed snacks