

# Sport and Physical Education

Level 3

BTEC

## What will I learn?

There are three mandatory units and one optional unit.

The mandatory units are:

- Anatomy and Physiology (*assessed externally in the form of an exam*),
- Fitness Training and Programming for Health, Sport & Well Being (*a task set and assessed by the exam board*).
- Professional Development in the Sports Industry (*written assignment marked internally*).

*All of the above must be studied*

Then we must study one optional unit. This will be:

- Practical Sports Performance  
(*practical work and written assignments marked internally*).

## Highlights

University, relevant work related to sport, the fitness industry and management positions. BTEC is favourably viewed as it has real world practical applications; knowledge and experience gained can be transferred across many areas.

Due to the results gained from Sports BTEC in previous years pupils were able to apply, and be selected for, two of the top Russell Groups Universities. Destinations for learners range from Physiotherapy, Business, Sports Science and Psychology Degrees.

Students on our course last year attained at least one grade higher than their forecast and all met their target.

Progress is above national expectations.



## Assessment

A combination of exams and coursework.

## Course requirements

A minimum of six grade 4-9 GCSE passes, including a grade 4 in Science. If you have already taken Level 2 BTEC Sport then you must achieve a Merit or Distinction..