



St Gregory the Great Catholic School – Secondary Phase

Physical Education (KS3)

Year 7

Overview

Students are able to build on and embed the physical development and skills learned in key stages 1 and 2, by becoming more competent, confident and expert in their techniques, and apply them across different sports and physical activities.

Below is the curriculum year 7 will follow, it provides them with the opportunity to experience a range of sports, including, invasion games, striking and fielding and net and wall.

Curriculum 2018/2019

Groupings & Teaching / Learning style

Students are taught in single sex classes and are taught using a variety of teaching and learning methods. Lessons are taught in line with the National Curriculum guidelines and we allow students to:

- use a range of tactics and strategies to overcome opponents in direct competition through team and individual games
- develop their technique and improve their performance in other competitive sports
- take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- take part in competitive sports and activities outside school through community links or sports clubs

Assessment

Assessment in PE lessons is continuous and takes place in a range of ways. Students have the opportunity to peer and self-assess their performance with the use of iPads. Students are formally assessed through teacher observations and for each sport students will be RAG rated on 6-8 statements to include a range of skills and tactics.

Year 8

Overview

Students are able to build on and embed the physical development and skills learned in year 7, by becoming more competent, confident and expert in their techniques, and apply them across different sports and physical activities.

Below is the curriculum year 8 will follow, it provides them with the opportunity to experience a range of sports, including, invasion games, striking and fielding and net and wall.

Curriculum 2018/2019

Grouping & Teaching/Learning style

Students are taught in single sex classes and are taught using a variety of teaching and learning methods. Lessons are taught in line with the National Curriculum guidelines and we allow students to:

- use a range of tactics and strategies to overcome opponents in direct competition through team and individual games
- develop their technique and improve their performance in other competitive sports
- take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- take part in competitive sports and activities outside school through community links or sports clubs

Assessment

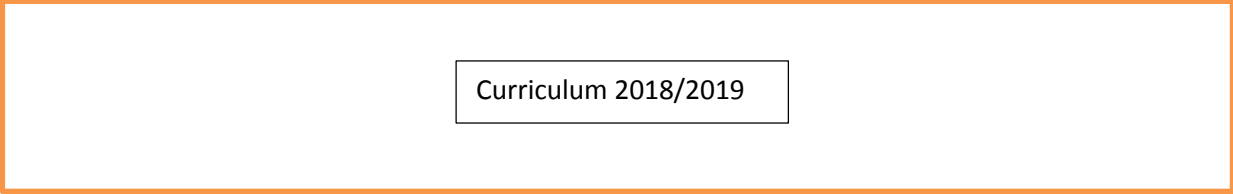
Assessment in PE lessons is continuous and takes place in a range of ways. Students have the opportunity to peer and self-assess their performance with the use of iPads. Students are formally assessed through teacher observations and for each sport students will be RAG rated on 6-8 statements that include a range of skills and tactics.

Year 9

Overview

Students are able to build on and embed the physical development and skills learned in year 7 and 8, by becoming more competent, confident and expert in their techniques, and apply them across different sports and physical activities.

Below is the curriculum year 9 will follow, it provides them with the opportunity to experience a range of sports, including, invasion games, striking and fielding and net and wall.



Curriculum 2018/2019

Grouping & Teaching/Learning style

Students are taught in single sex classes and are taught using a variety of teaching and learning methods. Lessons are taught in line with the National Curriculum guidelines and we allow students to:

- use a range of tactics and strategies to overcome opponents in direct competition through team and individual games
- develop their technique and improve their performance in other competitive sports
- take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- take part in competitive sports and activities outside school through community links or sports clubs

Assessment

Assessment in PE lessons is continuous and takes place in a range of ways. Students have the opportunity to peer and self-assess their performance with the use of iPads. Students are formally assessed through teacher observations and for each sport students will be RAG rated on 6-8 statements that include a range of skills and tactics.